



Shaw Trust Supported Internships

Helping you move towards
paid employment

shaw trust

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We are a not-for-profit social enterprise with 40 years' experience of providing employability support to young people and adults with learning disabilities. We believe that everyone has the right to live a decent and dignified life and have an opportunity for rewarding work.

As little as 5% of adults with a disability in England are registered as full-time employed.

We are working to change that!

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What is a Supported Internship?

A Supported Internship is a study programme aimed at young people aged 16 to 24 who have an Education, Health and Care Plan (EHCP) and want to move into employment but need some extra support. An internship usually lasts for a year, with the opportunity to complete three different placements.

Supported Internships give young people an opportunity to take their first steps into the world of employment, build skills in the workplace, gain qualifications, and get a paid job.

The internships offer a unique mix of education and job coaching in a range of different roles, including:



Customer Service



Maintenance



Catering



Childcare



Horticulture



Retail

Interns can expect a programme of learning that helps them develop the skills they need for work, such as job-specific skills, employability skills – including English and maths – and broader personal and social skills.

A job coach or specialist job broker will help source suitable jobs, arrange work trials and develop opportunities with employers.

Why choose a Supported Internship?

As a supported intern you will gain:



Personal development

- Increased levels of confidence and independence
- Develop new skills in a real working environment
- Gain qualifications



Experience

- Work experience to add to a CV
- Gain skills for the workplace
- 70% of interns progress into paid employment and gain financial independence



Wellbeing

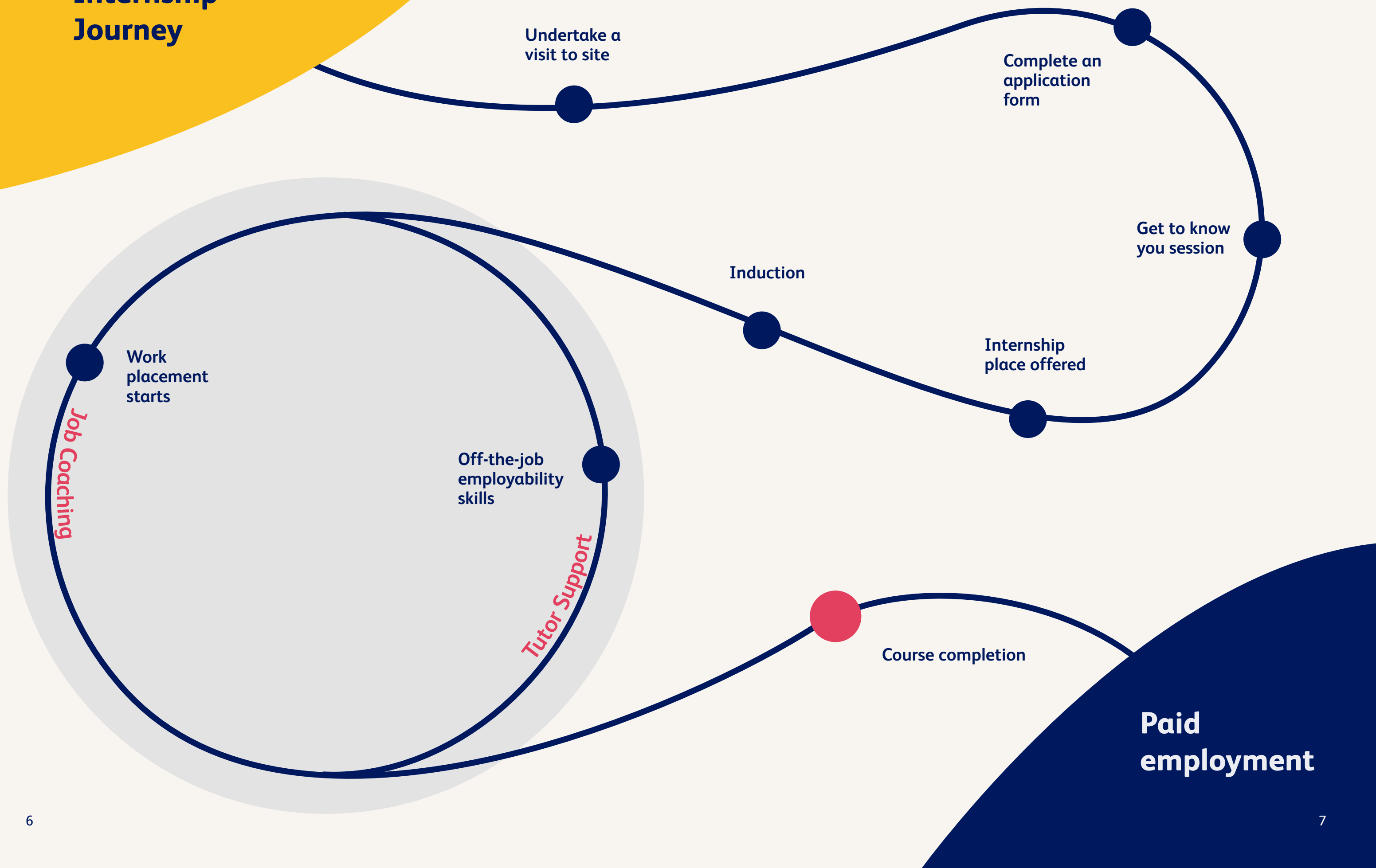
- Meet new people
- Be a part of a team
- Increased confidence, independence, and resilience

“

‘Since B has been working at her placement her confidence has increased, she now travels independently to and from work and has also started going to the supermarket to buy essentials on the way home from work. She is thoroughly enjoying this new freedom and is thriving! Whilst at work, the staff at Nando’s are very supportive of her and she is loving being part of a team.’

Parent of a Supported Intern.

The Supported Internship Journey



Progression into employment

Upon completion of the Supported Internship, we provide three months of transitional support to help move interns into paid employment.

Our team connect interns with local employers, and facilitate visits, trials, selection, and transitional support into employment.

We will continue to support the young person once they have moved into paid employment through the Access to Work funding. This allows us to access an 'InWork' mentor to provide support and ensure the newly employed young person makes a successful transition into paid working life.

“ I have learned many skills in employability such as building a CV, professional behaviours, and preparing for the world of work. I want to say 'Thank You' to Aly, Judith, my family, and everyone at Shaw Trust for believing in me.”
Former Supported Intern

Hear from our supported interns

George



When George joined the Pavilions Supported Internship, he was quite low. He was trying to find a paid job and didn't want to stay at college. As soon as he joined the supported intern group, his confidence grew and he started to believe in himself. The work placements and classroom discussion helped George realise that he could develop the relevant skills to help him progress into work.

George completed a work placement at Tesco, he worked hard and started his next placement at Nando's. He amazed the Nando's manager with his dedication and reliability, and he was invited to apply for a job vacancy. George was successful and has been working there ever since.

“ Really good! I felt it has given me more opportunities than if I had stayed at college. More work opportunities. From my placements, I gained more experience in a working environment and how to be part of a team. I am now working at Nandos and for the first time in my life getting paid.

Dennis

When Dennis joined the Steps into Work internship this was the steppingstone that he needed to get into the transport industry. Dennis had previously held numerous part-time/volunteer roles and had completed an Employability Skills course at his local college. A keen tube traveller and rail travel enthusiast, he was very nervous but excited by the opportunity of this internship.

His placements have seen his confidence and ability to work as part of a team grow immensely. As the internship came to an end and after numerous job applications, Dennis has secured a role as Volunteer Host at the London Transport Museum in Covent Garden and has three pending late-stage applications with TfL, South-eastern Railways and Network Rail in the capacity of a CSA.



“ The supported internship has been amazing and has been a very interesting thing to happen in my life. With the help of my job coach, Sahirah I have managed to gain a job as 'Welcome host' at the London Transport Museum. I say Sahirah is very great at being a job coach.”

Hear from our supported interns

Sam



Sam has learning difficulties which can affect his confidence when meeting new people. When he first joined the supported internship programme, he wanted to gain work experience to help him find employment at a railway station, as this was his dream job.

Sam agreed to try out a placement in a hotel, as a food and beverage assistant. Gaining this placement helped Sam to increase his confidence, develop his customer service skills and get him used to meeting new people.

Sam fully immersed himself in the activities in the classroom and on placement. With the help of his job coach, he overcame his adversity towards trying new things. As his confidence grew, he began to learn new skills, and was offered employment by the hotel.

“

What I like about it is that we get a feel for what it's like to be in a working environment. I think it helps us prepare for when we get a job in the future”

Adam

“

Since joining the project, I have learnt new skills such as removing weeds from the pathways and the flower beds. I have learnt how to make and maintain compost, I have learnt how to sieve compost in the polytunnel with my peers. I also support with general maintenance on site for example, sweeping, clearing away tools and watering plants. I work in a group of 5 and sometimes independently. I feel more confident in gardening and I have made new friends.



Scan here to hear more from our interns!



Employers we've worked with

TheWorks.co.uk

The
ExtraCare
Charitable Trust

 **Nando's**

WHSmith

DECATHLON

ODEON
FANATICAL ABOUT FILM

 **Transport
for London**

Superdrug 

**FIVE
GUYS**


**British Heart
Foundation**

COSTA

Find your Supported Internship

We are starting new internships every year. If you would like to find out information about a Shaw Trust Supported Internship in your area, please contact:

Retail and Hospitality

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Havering Retail Supported Internship

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Pavilions Retail Supported Internship

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shawtrust.org.uk/supported-internships

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Stockton

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All Social Enterprise locations – National Supported Employment and Training

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New for 2023

Reading Retail Supported Internship

From 2023, Shaw Trust will be offering retail Supported Internships in Reading, Berkshire. Over the course of 12 months, each intern will complete a mixture of three face-to-face placements, with the support of a tutor, job coach.

To find out more contact:
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For more information please email:

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shawtrust.org.uk



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