

Primary PE and Sport Grant (PPESG)

2022-23

Introduction

The primary PE and Sports' Grant was launched in all maintained and state-funded schools with primary aged pupils, including: primary, middle, special schools and pupil referral units from September 2013. It was originally set at £8,000 plus an additional £10 per pupil but this was increased to £16,000 plus an additional £10 per pupil from September 2017.

Schools are free to determine how best to use this funding to improve the quality and breadth of PE and sport provision, including increasing participation in PE and sport so that pupils develop healthy lifestyles and maximise performance levels. Schools must use the funding to make additional and sustainable improvements to the quality of PE and sport they offer by developing or adding to the PE and sport activities they already offer, or to make improvements that will benefit students joining the school in future years.

At The Avenue School, physical development is one of the key areas that we assess, towards the development of the whole child. We use the funding purposefully to develop staff expertise and confidence in teaching physical development activities. We have an integrative approach to physical development and therefore also use the funding to provide opportunities and resources that improve their physical well-being. Each pupil also receives at least one structured and targeted physical development session, either individually or as part of a class. It is important to us to offer as many physical development activities out in the community and attend as many accessible sporting competitions as possible. These activities offer a new level of challenge and offer the element of competition. To ensure that these activities are safe it is important that there is a high staff to pupil ratio. We use the funding to appropriately staff these activities and ensure that the level of challenge is appropriate.

Students begin their day with a core skills session, that supports any occupational therapy and physiotherapy plans, working on body awareness and sensory processing issues. There are also many other peripheral benefits to attending these activities, including communication development and social inclusion opportunities. These sessions take place in a variety of areas, including the sports hall, in class or in our outside spaces.

Interventions, resources and activities offered include:

Structured and targeted physical development sessions, inclusive sporting activities, including tournaments with other schools, aquatherapy and swimming sessions, school clubs, including bikeability, Rebound Therapy session, sensory circuits, outdoor learning, including forest schools projects and Ufton Court residential visits.



Primary PE Sport Grant (PPESG)	
Number of primary pupils on roll	76
Lump Sum	£16,000
Additional amount per pupil (£10 x primary pupil no.)	£760
Total Amount Received	£16,760

Objectives of PPESG spend

- To increase the engagement of all students in regular physical activity
- To continue to raise the profile of physical development across the school as a tool for whole-school development
- To increase the confidence, knowledge and skills of all staff in teaching physical development activities.
- To broaden the physical and sporting opportunities available to all students
- To increase participation in competitive sport.
- To improve levels of health and wellbeing of all students through physical activity
- To encourage and develop a life-long participation in physical activity
- To increase self-esteem and expression through creative physical activity
- To develop pupil leadership skills through physical activities
- To develop communication, social, and thinking skills through physical activities
- To give permission to staff and students to have fun through play



Record of PPESG	spendina b	y item/project 2022-2023	
Item/Project	Budgeted Cost	Objectives	Impact statement (completed at year end- July 2023)
Play resources to support the OPAL project	£10,760	A mentor supported school improvement programme to strategically and sustainably improve the quality of play opportunities. Through this project, we will use play and active movement to embed our P.A.C.E. (Playfulness, Acceptance, Curiosity Empathy) ethos and further develop relationships between students and with supporting adults To provide a culture where staff and students fully engage in outdoor play and physical activity as part of their daily practice. To give permission to staff and students to have fun through play. A variety of physical resources including a sand pit, digging area, performing area, a den building area, and a craft area to encourage and support outdoor play	Significant challenges around staffing capacity and leadership of the project. The school has worked remotely with a PE consultant after failing to hire to the vacant role in September 2022. Outdoor learning lead also moved on. Lead for Behaviour now leads the project with minimal capacity. Meetings and planning with OPAL co-ordinator remain on-going. Sandpit built. Work has started on digging area. Performance area requires repair work. School council have debated and presented on outdoor facilities. Funding channelled to support the development of the MUGA. Outdoor area now safe – divided into three areas. Staff training – January 2023.
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How the school will sustain the improvements.

Learning walks at break and lunchtimes and a weekly analysis of behaviour data will inform direction, with the aim of steadily increasing the areas where young people (and adults, side by side) can engage in outdoor pay and physical activity. On going annual focus for whole school INSET day once a year.



How the school will sustain the improvements

Pupils will continue to access the listed outdoor locations, as they are integral to our offer, especially as they offer safe structured, yet flexible spaces to develop early learning skills and gross motor skills.

Specialist Coaching	£1,000	To train our staff to develop confidence and deliver teaching to encourage increased participation of our young people in competitive sport. Sessions take place during curriculum time but link to external community clubs so encouraging lifelong participation in physical sporting activity - working with Reading Rockets Basketball Club, Berkshire Cricket, Reading Rugby and Reading Football Club.	This has been an expanded offer to now include table cricket and wheelchair rugby, making physical activity accessible to a greater number. Has led to an increased number of competition opportunities also. Teams have been really successful, leading to much improved confidence.

How the school will sustain the improvements

When we are more confident around the threat of the virus, restrictions are minimal and numbers are significantly reduced, we are keen to re-establish consistency of sessions and a number of special days, where the new skills can be further challenged and everyone can have fun together through physical



activities, and develop knowledge and skills with equipment that has been introduced to us in the previous year by specialist sports leaders.

Youth Sport	£500	To continue Primary School	Invaluable. KS3 & 4
Trust		membership.	weekly sessions have
Membership			raised skill level
			significantly. 11 pupils
			gained Stage 2 award
			July '23. Leadership,
			communication and
			social skills have also
			improved.

How the school will sustain the improvements

Membership on-going, with access to materials and resources that support curriculum development and an expanded offer, meeting pupils needs. Direct termly support, advice and training to embed the Sports Leaders program with KS4 learners.

Physical Literacy Resources	£3,000	To provide students with the movement foundation for lifelong participation in physical activity, good health and well being, supporting physical development curriculum sessions and opportunities to generalise skills in informal playground activities	Resources have led to so many daily individual and class informal activities to explore movement and generalise skills with freedom. Resources well used with individuals to support regulation in preparation for improved engagement across the curriculum.

How the school will sustain the improvements

Physical Development remains part of our core curriculum and will be appropriately resourced to further develop engagement, access, motivation and fun for individual learners. Physical Development annual data capture to monitor the progress of individuals and whole school.

Swimming & Water Safety

In addition to the Aquatherapy and Hydrotherapy sessions delivered in our own hydrotherapy pool, we also provide swimming and water safety lessons at the Meadway Leisure Centre.

We are obliged to report on End of Key stage 2 swimming attainment against national expectations – see below. Please note that due to the complex learning needs of our young people, these expectations are currently above their current attainment.



Meeting the swimming and water safety national curriculum requirements	
What percentage of Year 6 pupils can swim competently, confidently and proficiently over a distance of at least 25 metres?	0%
What percentage of Year 6 pupils can use a range of strokes effectively, for example, front crawl, backstroke and breaststroke?	0%
What percentage of Year 6 pupils can perform safe self-rescue in different water-based situations?	0%
Has the PE and sport premium been used to provide additional provision for swimming activities over and above the national curriculum requirements?	No
If you answered yes to the above question, use this space to provide further details:	