

**WIC:** 11th March, 15th April, 6th May, 3rd June, 24th June, 15th July

**week: 01**

**Stir.**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**MILD BUTTER CHICKEN**  
Served with  
Whole Grain  
Rice & Carrots

**TRADITIONAL BBQ BEEF SLOPPY JOES**  
Served with  
Homemade Rainbow Slaw

**ROAST CHICKEN**  
Served with  
Crispy Roasties,  
Peas & Sweetcorn

**HOMEMADE PIZZA MARGHERITA**  
Served with  
Roasted  
Garlic Broccoli

**GOLDEN FISH FINGERS**  
Served with  
Chips &  
Sweetcorn

**SWEET POTATO CHANA MASALA**  
Served with  
Whole Grain Rice  
& Carrots

**BROCCOLI, NEW POTATO & SPINACH FRITTATA**  
Served with  
Mixed Salad

**REALLY CHEESEY CAULIFLOWER**  
Served with  
Crispy Roasties,  
Peas & Sweetcorn

**SQUASH & CHICKPEA TAGINE**  
Served with  
Couscous Roasted  
Garlic Broccoli

**VEGGIE FINGERS**  
Served with  
Chips &  
Baked Beans

**JACKET POTATO**  
with Cheese or  
Baked Beans

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Baked Beans

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with Cheese or  
Baked Beans

**Penne Pasta with Tomato Sauce**

**Penne Pasta with Tomato Sauce**

**Penne Pasta with Tomato Sauce**

**Penne Pasta with Tomato Sauce**

**Penne Pasta with Tomato Sauce**

**OATIE COOKIE**

**FRUIT SALAD BOWLS**

**BLUEBERRY & ORANGE TRAYBAKE**

**PINEAPPLE UPSIDE DOWN TRAYBAKE**

**JELLY & FRUIT SLICES**

**SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY**

**menu**

**let's eat, together**

[www.stirfood.co.uk](http://www.stirfood.co.uk)

**WIC:** 18th Mar, 22th Apr, 13th May, 10th June, 1st July,  
22nd July

**week: 02**

**Stir.**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**PIRI PIRI CHICKEN**

Served with Vegetable  
Wholegrain Rice &  
Broccoli

**CHICKEN CHOW  
MEIN**

Served with  
Egg Noodles &  
Green Beans

**ROAST TURKEY**

Served with  
Crispy Roasties,  
Carrots & Sweetcorn

**HOMEMADE PIZZA  
MARGHERITA**

Served with  
Homemade Coleslaw  
& Green Salad

**GOLDEN FISH  
FINGERS**

Served with  
Chips &  
Baked Beans

**FIVE BEAN  
VEGETARIAN CHILLI**

Served with  
Wholegrain Rice &  
Broccoli

**CREAMY COURGETTE  
LASAGNE**

Served with  
Mixed Salad

**SUMMER VEGETABLE  
BEAN CASSEROLE**

Served with Mashed  
Potatoes, Peas & Carrots

**SPRING VEGETABLE  
TART**

Served with  
Homemade Coleslaw  
& Green Salad

**VEGETABLE  
FINGERS**

Served with  
Chips &  
Baked Beans

**JACKET POTATO**

with Cheese or  
Baked Beans

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Baked Beans

Penne Pasta with  
Tomato Sauce

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Tomato Sauce

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Tomato Sauce

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Tomato Sauce

Penne Pasta with  
Tomato Sauce

**BUTTERMILK  
PANCAKES & FRUIT  
SAUCE**

**JAMMY CRUMBLE  
BARS**

**FRUIT BOWLS**

**APPLE & CINNAMON  
SLICE**

**SHORTBREAD  
BISCUITS**

**SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY**

**menu**

**let's eat, together**

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**WIC:** 4th Mar, 25th Mar, 29th Apr, 20th May, 17th June, 8th July

**week: 03**

**Stir.**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**GARLIC CHICKEN**  
Served with  
Penne Pasta  
& Green Beans

**BEEF CON CARNE**  
Served with  
Wholegrain Rice and  
Mixed Salad

**ROAST CHICKEN**  
Served with  
Crispy Roasties,  
Carrots & Sweetcorn

**HOMEMADE PIZZA  
MARGHERITA**  
Served with  
Rustic Italian Potato Salad

**GOLDEN FISH  
FINGERS**  
(Salmon or Pollock)  
Served with  
Chips &  
Garden Peas

**MAC N CHEESE  
WITH A CRISPY  
CRUMB TOPPING**  
Served with  
Green Beans

**BEAN & SWEETCORN  
BURRITO**  
Served with  
Mixed Salad

**SUPER VEGGIE  
PASTRY PIE**  
(Lentil & Onion) (Vg)  
Served with  
Crispy Roasties,  
Carrots & Sweetcorn

**GOAN CAULIFLOWER &  
GREEN BEAN CURRY**  
Served with  
Whole Grain Rice  
& Broccoli

**VEGETABLE  
SLOPPY JOES**  
Served with  
Chips & Baked Beans

**JACKET POTATO**  
with Cheese or  
Baked Beans

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**Penne Pasta with  
Tomato Sauce**

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Tomato Sauce**

**MELON SELECTION**

**SPRINKLE CAKE**

**CORNFLAKE TART**

**VANILLA  
ICE CREAM CUP**

**GINGERBREAD  
COOKIES**

**SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY**

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