

# Lunch Menu

## Week 1

# Stir.

Let's eat, together

w/c: 26/08, 16/09, 07/10, 28/10, 18/11, 09/10, 30/10, 20/01, 10/02

### MONDAY

#### Tex Mex Chicken

Served with Wholegrain Rice & Sweetcorn



### TUESDAY

#### Cottage Pie topped with Root Vegetable Mash

Served with Green Cabbage, Peas & Gravy



### WEDNESDAY

#### Roast Chicken

Served with Crispy Roasties, Broccoli & Gravy



### THURSDAY

#### Pizza Pinwheels

Served with Garlic & Herb Wedges and Green Beans



### FRIDAY

#### Golden Fish Fingers

Served with Chips and Baked Beans



#### Enchiladas

Served with Wholegrain Rice & Sweetcorn (Kidney Beans)



#### Vegetable Pie topped with Root Vegetable Mash

Served with Green Cabbage, Peas & Gravy



#### Sweet Potato & Lentil Roast

Served with Crispy Roasties, Broccoli & Gravy



#### Vegetable Jambalaya

Served with Green Beans



#### Courgette & Sweetcorn Fritters

Served with Chips and Garden Peas



### AVAILABLE DAILY

**Penne Pasta with Homemade Tomato Sauce**



**Jacket Potato** with Cheese or Baked Beans or Tuna Mayo



**Chocolate Cake and Custard**

**Jelly & Fruit Slices**



**Traditional Rice Pudding with Strawberry Jam**

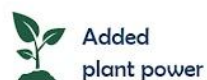
**Fruit Salad**



**Shortbread Biscuits**

**SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY**

**Icon Key**



# Lunch Menu

Week 2

**Stir.**

Let's eat, together

w/c: 02/09, 23/09, 14/10, 04/11, 25/11, 16/12, 06/01, 27/01, 17/02

## MONDAY

### Mexican Chicken Wrap

Served with Wholegrain Rice & Broccoli



## TUESDAY

### Homemade Pizza

#### Margherita

Served with Paprika Wedges & Coleslaw

## WEDNESDAY

### Chicken & Sweetcorn Pie

Served with Crispy Roasties, Carrots & Peas



## THURSDAY

### Vegetable Korma

Served with Wholegrain Rice & Sweetcorn



## FRIDAY

### Golden Fish Fingers

Served with Chips & Baked Beans



### No Meat Bolognaise

Served with Penne Pasta & Broccoli



### Baked Tomato & Bean Gnocchi

Served with Coleslaw & Garlic Slice



### Vegetable & Bean Cobbler

Served with Crispy Roasties, Carrots & Peas



### Cheese & Bean Wrap

Served with Wholegrain Rice & Sweetcorn

### Vegetable Fingers

Served with Chips & Baked Beans



## AVAILABLE DAILY

**Penne Pasta with Homemade Tomato Sauce**



**Jacket Potato** with Cheese or Baked Beans or Tuna Mayo



**Chocolate Beetroot Brownie**

**Vanilla Cheesecake**

**Fruit Bowls**



**Apple & Blueberry Flapjack**

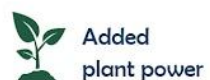


**Oat Cookie & Fruit Slices**



**SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY**

**Icon Key**



# Lunch Menu

Week 3

**Stir.**

Let's eat, together

w/c: 09/09, 30/09, 21/10, 11/04, 02/12, 23/12, 13/01, 03/02

## MONDAY

**Creamy Tuscan Beef**  
Served Wholegrain Rice & Green Beans



## TUESDAY

**Homemade Sausage Rolls**  
Served with Wedges & Baked Beans



## WEDNESDAY

**Roast Turkey**  
Served with Crispy Roasties, Carrots & Sweetcorn



## THURSDAY

**Mac n Cheese with a Crispy Crumb Topping**  
Served with Green Beans

## FRIDAY

**Golden Fish Fingers (Salmon Or Pollock)**  
Served With Chips & Garden Peas



 **Mild Thai Green Curry Vegetable & Chickpea**  
Served with Wholegrain Rice & Green Beans



**Homemade Cheese & Onion Rolls**  
Served with Wedges & Baked Beans

**Spiced Beetroot & Lentil Loaf**  
Served With Crispy Roasties, Carrots & Sweetcorn



**Vegetable Bean Chilli**  
Served with Wholegrain Rice & Green Beans



**Vegetable Fingers**  
Served with Chips & Baked Beans



## AVAILABLE DAILY

**Penne Pasta with Homemade Tomato Sauce**



**Jacket Potato** with Cheese or Baked Beans or Tuna Mayo



**Peach Crumble & Custard**



**Fruit Bowls**



**Vanilla Ice Cream Cup**

**Lemon & Courgette Drizzle Cake**

**Chocolate Cookies**

**SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY**

**Icon Key**

