


Week 2 Menu - From September 2020



Standard Meal £2.30

	Monday	Tuesday	Wednesday	Thursday 	Friday
Meat/Fish Main Option	BBQ Chicken Pizza (GM, MUS, Soy, C) (G/F option available) Potato Wedges (G/F) Sweetcorn & Salad (G/F)	Chicken Sausages (GME, SUL) with Gravy (G/F) Mash Carrots & Green Beans (G/F)	Roast Turkey with Gravy (G/F) Roast Potatoes (G/F) Vegetables (G/F)	Vegetarian Cottage Pie (GC) with Gravy (G/F) Mixed Vegetables (G/F)	O/Baked Salmon Fish Cake (FG) (G/F option available) Chips (G/F) Baked Beans (G/F)
Vegetarian Main Option	Cheese and Tomato Pizza (GM, MUS, Soy, C) (G/F option available) Potato Wedges (G/F) Sweetcorn & Salad (G/F)	Vegetable Sausages (GM, Soy, SUL) with Gravy (G/F) Mash Carrots & Green Beans (G/F)	Cheese and Onion Pasty (GME, Soy, LEN) with Gravy (G/F) Roast Potatoes (G/F) Vegetables (G/F)	Vegetable Nuggets (G) with Gravy (G/F) Mixed Vegetables (G/F)	Quorn Burger in a roll (GME, SES, Soy, SUL, MUS) with Chips (G/F) Baked Beans (G/F)
Jacket Potato (All G/F)	JP (G/F) Cheese (M) / Beans / Tuna Mayonnaise (FEM, MUS)	JP (G/F) Cheese (M) / Beans / Tuna Mayonnaise (FEM, MUS)	JP (G/F) Cheese (M) / Beans / Tuna Mayonnaise (FEM, MUS)	JP (G/F) Cheese (M) / Beans / Tuna Mayonnaise (FEM, MUS)	JP (G/F) Cheese (M) / Beans / Tuna Mayonnaise (FEM, MUS)
Sandwich Option	Tuna Mayonnaise Sandwich (GFME, MUS, Soy, SES) (G/F option available)	Cheese Sandwich (GM, Soy, SES) (G/F option available)	Egg Mayonnaise Sandwich (GME, MUS, Soy, SES) (G/F option available)	Tomato Salsa Dip with Pitta Bread (G), Carrot and Cucumber Sticks (G/F option available)	
Pudding	Rice Pudding with Peaches (M) (G/F)	Jam and Coconut Sponge (GME, SUL) with Custard (M)	Vanilla Ice Cream (M) (G/F)	Vegetarian Orange Jelly with Mandarins (G/F)	Chocolate Cornflake Cake (GM, Soy)
Available each day - (G/F) fruit and (G/F) homemade yoghurt (M, Soy)					

ALLERGEN INFORMATION - FOOD CONTAINS: (G/F) Gluten Free **G** Gluten, **F** Fish, **M** Milk, **Soy** Soybeans, **E** Egg, **MUS** Mustard, **SUL** Sulphur Dioxide, **L** Lupin, **C** Celery, **SES** Sesame, **LEN** Lentils